

WASHINGTON RUNNING CLUB NEWSLETTER

October 19, 1967

* A meeting to finish work on the Laurel International 10,000 Meter Run will be held Wednesday, October 25 at Norm Brand's, 5224 Manning Place, N. W. Washington D. C. (244-2218). It will start promptly at 7:30 p.m. We will be preparing numbers, packets and assigning jobs for Saturday Registration and the race on Sunday. Remember all club members are expected to help with the race on Sunday, October 29th. Please be at the track no later than 10:30 a.m.!!!

Coach Ray Morrison reports the Cross Country team is having its finest season ever. WRC Men's Team is 5-0 in dual meet competition and finished 2nd to Penn State University in a field of 28 teams at the Penn State Invitational on October 14. That makes our record 31-1. Dan Rincon has lead the team to victories over the Navy Non-Varsity, Quantico Marines, University of Maryland, Carolina Godiva TC, and Twin City TC. Other mainstays have been Jim Buell, Mike Greehan, Bruce Robinson, Martin Smith, Mark Baldino, Jeff Peterson, and Ray Morrison. Al Naylor was right up there but suffered a stress fracture two weeks ago. Reservations have been made for nine men to make the trip to Seattle, Washington for the National AAU Cross Country Championships, Saturday November 25, 1978 - 11:00 a.m. Max White won the PVAU Cross Country Championship on October 8th and is eligible for one-half airfare to the meet. The team has two scheduled meets left. A change has been made for November 4th. We will run the William and Mary Invitational in Williamsburg, Va., a 10,000 meter course at 10:00a.m. November 4. Call Ray Morrison 593-3834 for information and car pooling. We are looking for a highly competitive meet for weekends of November 11 or 18. The West Virginia AAU X-Country Race will be November 12 and the Virginia AAU X-Country Meet will be on November 18. These are possibilities.

The new WRC Women's Running Coordinator will be Bob Williams (340-2044). If you have new prospects or want to help him organize the teams, please contact him. We are hoping to send a Women's Cross Country Team to the National AAU Cross Country Meet to be held November 25 in Memphis, Tennessee-over 5,000 meters.

Marge Rosasco, Steve Rosasco, Ruth Drengwitz, Bozena Syska, Jennifer Rood, John Weidman, John and Susan Jovens, Keith Higgs, Kevin McTigue and Julie Oliver are new members in the past month. We will have their telephone numbers and addresses ~~and~~ the meeting.

Jenny White has been running very well in Cross Country - finishing second at the George Mason Invitational, winning the Trenton(?) Invitational, and running a fantastic 5,000 meter race at Penn State against Kathy Mills in a dual meet between Penn State and Michigan State. Jenny finished three seconds behind Mills after holding the lead from 1 mile till 300 yards to go. Jenny ran 17:21 for the 5,000 meters.

The contract with Britches has been signed. We have agreed to be sponsored by Britches for a period of 1 year and will receive 5% of the gross price of every volume of the Britches Running Diary. It is scheduled to be published before November 25.

Halloween Costume Party: Mark Baldino is having a costume party on October 27 at 8:00 p.m. Costumes only and "The Bear" will be at the party. The highlight of the evening will be a wrestling match between "The Great Baldino" and "The Bear"!!!!!!