

# Rincon Takes 20-Kilometer Title

By John Hardt  
Special to The Washington Post

BALTIMORE—Dan Rincon of College Park captured first place in the Road Runners' Club of America 20-kilometer national championship race yesterday morning.

Rincon's victory over the 412 other finishers in this 12.4 mile contest came as a surprise because the former University of Maryland track and cross country star recently recovered from a pinched nerve in the back of his right leg.

No one was surprised by the team victory of the powerful Washington Running Club.

"I had to drop out midway through the Maryland Marathon (in Baltimore in December) because of this injury," Rincon explained. "I wasn't able to train seriously again until three weeks ago. Even this week I ran only 100 miles and I usually run 115 to 120."

"When I got to Falls Road (near the two-mile mark), I picked up the pace," Rincon recounted. "I dug in a little deeper to see if I could open some daylight and they didn't go with me."

From that point, the clear, chilly morning belonged to Rincon.

The balance of the Washington Running Club saw five finishers in the top 20, led by Max White of Alexandria, 11th.

White complained, "I felt dead out there. It might have been more the time of day than the weather, but either way, my legs just wouldn't move."

Ray Morrison of Silver Spring, who finished 18th for the Washington Running Club, was more pleased with his performance.

"This was my best race in a long

time. I had bronchitis a few weeks ago, so I had to ease off on my training. Last week I ran only 31 miles and this week I did just 41. But sometimes a layoff helps."

The runners started at 8 a.m. outside the Civic Center, traveled north 1.5 miles through downtown Baltimore, northwest 2.5 miles to Druid Park, southeast 2.2 miles to Druid Lake and retraced their steps to the starting line.

Closest race of the morning was a fierce battle for second place between Ben Wilson of Earlysville, Va., and Tim Donovan of Brookline, Mass.

Donovan, a divinity student at Boston College, said "I wanted to run 64 minutes, but I was satisfied with my 65:28. I had a stitch in my side for three-quarters of the race, and I had some trouble with the snowy patches on the course, so it turned out to be a tougher race than I expected."

"Donovan and I traded second back and forth several times," Wilson said. "I was able to stay with him until the last mile but he was just too tough."

The first woman to finish the race was Nancy Drago of Waterford, N.Y., 63rd with a time of 77:13.

Engraved plaques were presented to the top finishers by Mayor Donald Schaefer of Baltimore during a ceremony in the ballroom of the Lord Baltimore Hotel. Beer mugs were presented to all finishers.

**TOP MEN FINISHERS**

|                    |       |
|--------------------|-------|
| 1. Dan Rincon      | 65:09 |
| 2. Timothy Donovan | 65:34 |
| 3. Ben Wilson      | 65:40 |
| 4. Rick Clear      | 65:40 |
| 5. Finn Pincus     | 65:42 |
| 6. Bill Caldwell   | 65:59 |
| 7. Steve Rabideau  | 66:00 |
| 8. Reid Harrison   | 66:00 |
| 9. Tom Mountain    | 67:13 |
| 10. Charles Kester | 67:29 |
| 11. Max White      | 68:04 |
| 12. Craig Allen    | 68:22 |
| 13. Mark Johnson   | 68:34 |
| 14. Stephen Jones  | 69:01 |
| 15. Wayne Rice     | 69:42 |

**TOP WOMEN FINISHERS**

|                      |             |
|----------------------|-------------|
| 1. Nancy Drago       | 77:13 (63d) |
| 2. Marge Rossico     | 79:30       |
| 3. Carol Frisley     | 80:20       |
| 4. Joann Dahlke      | 81:51       |
| 5. Katherine Smith   | 82:19       |
| 6. Virginia Forehand | 82:22       |
| 7. Karen Kokesh      | 82:22       |
| 8. Dorothy Bowen     | 82:22       |
| 9. Hannah Rowe       | 82:22       |
| 10. Marie Bauman     | 82:22       |

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Halftime—North Carolina 31, Providence 31. Fouled out—Williams, Mischevic. Total fouls—North Carolina 20, Providence 21. A-5,102.

**WINNING TEAM**  
Washington Running Club: Max White, 11th, 68:04; Mark Johnson, 13th, 68:34; Wayne Rice, 15th, 69:42; Mark Baldino, 16th, 69:42; Ray Morrison, 18th, 69:58.

# De Matha Rolls To 18th Victory

Special to The Washington Post

BALTIMORE, Feb. 12—Joe Washington's game-high 18 points led unbeaten, top-ranked De Matha to its 18th win of the year, 99-54, over Mount St. Joseph's (15-8) here today. Derek Whittenburg added 17 points and Charles Branch had a game-high 12 rebounds for the Stags.

| G                          | F  | T  | De Matha      | Mount St. Joseph | G  | F  | T  |
|----------------------------|----|----|---------------|------------------|----|----|----|
| 3                          | 0  | 6  | Morley        | Wieman           | 1  | 3  | 5  |
| 8                          | 2  | 18 | J. Washington | Bolton           | 1  | 0  | 2  |
| 6                          | 2  | 14 | DeVito        | Niebohn          | 4  | 5  | 13 |
| 4                          | 4  | 16 | Branch        | Hynson           | 6  | 5  | 17 |
| 1                          | 0  | 2  | Glede         | Foltz            | 2  | 1  | 5  |
| 3                          | 2  | 8  | White         | Wilcoxon         | 1  | 0  | 2  |
| 4                          | 0  | 8  | Lowe          | Estain           | 3  | 0  | 6  |
| 4                          | 5  | 17 | Whittenburg   | Druzgala         | 1  | 0  | 2  |
| 2                          | 6  | 5  | Carroll       | Sept             | 1  | 0  | 2  |
| 1                          | 2  | 4  | O'Driscoll    |                  |    |    |    |
| 48                         | 19 | 99 | Totals        | 20               | 14 | 34 |    |
| Halftime: De Matha, 44-25. |    |    |               |                  |    |    |    |

# O'Connell Girls Defeat Gibbons

Special to The Washington Post

PETERSBURG, Va., Feb. 12—Melissa Mahony scored 16 of her game-high 23 points in the first half to stake O'Connell to a 39-14 lead en route to a 64-34 victory over Cardinal Gibbons in girls' high school basketball today.

| G                           | F | T  | O'Connell  | Gibbons | G  | F  | T  |
|-----------------------------|---|----|------------|---------|----|----|----|
| 2                           | 0 | 4  | Bergmann   | Howard  | 5  | 6  | 16 |
| 1                           | 0 | 2  | Fitzgerald | Lavigne | 4  | 0  | 8  |
| 1                           | 0 | 2  | Long       | Knott   | 4  | 0  | 8  |
| 1                           | 0 | 3  | McKeown    | McKeown | 0  | 2  | 2  |
| 1                           | 0 | 3  | Mahony     |         |    |    |    |
| 1                           | 0 | 0  | Bergan     |         |    |    |    |
| 1                           | 0 | 0  | Veith      |         |    |    |    |
| 1                           | 0 | 0  | Denkler    |         |    |    |    |
| 1                           | 0 | 0  | Slipson    |         |    |    |    |
| 28                          | 8 | 44 | Totals     | 12      | 10 | 34 |    |
| Halftime: O'Connell, 39-14. |   |    |            |         |    |    |    |

# High Schools/Donald Huff VHSL Officials Are on the Ball

Upon entering the Virginia High School League office in Charlottesville, it's easy to see why the Northern Virginia athletic programs are run so smoothly. On the bottom floor of an administrative building on the University of Virginia campus, the league office has enough secretaries to get out the various publications on time and keep up with the daily activities of the 285 schools in the state.

"Oh, we get our waves like everybody else but we like to think we run a good ship," said Earl Gillespie, the league assistant executive secretary and athletic director. "We constantly work on improving our program for the benefit of our youngsters. We have more large schools than any state in the South and we want to stay on top of rule changes and innovations."

The 74-year-old VHSL is one of the better organized leagues and was cited several years ago by the National Federation of State High School Associations.

"We've been at it longer than a lot of other states," said Gillespie.

One requirement of the VHSL that few states do: mandatory attendance of a coach from each school at league-sponsored clinics, seminars and rule sessions.

"We feel this is very important, for both coaches and officials to attend rule clinics. Yes, even the referees must come," said Gillespie. "I've been in office 16 years and those clinics have proved to be very valuable."

The 285 schools are split up into 36 districts and into classes according to school population. Any school with 1,000 or more students is classified AAA, a school with 500-999 is classified AA and a school with fewer than 500 is A. The league holds state championships in 10 sports in every class.

Once a year a rules committee com-

posed of principals, coaches, athletic directors and league officials meets and suggests rule changes and new proposals. Every member school has a vote on every issue.

A newsletter and a notes publication is mailed out each month.

"The committee lays down the rules. We interpret them and see that they're out. We try to be democratic," said Gillespie.

Separate committees are set up during the school year to deal with such issues as sportsmanship and eligibility. If a school has a problem concerning the eligibility of a student or a protest that the school or league office can't solve, it can be appealed all the way to the State Executive Committee and a decision is rendered immediately.

"We had a few important problems over the years and called emergency meetings," recalled Gillespie. "Usually they revolve around eligibility. They're the hardest rules to interpret. We average about 10 calls a day on eligibility. But our rule book, which adds about 30 new changes a year, covers just about every conceivable situation."

Gillespie and Claudia Dodson, the girls program supervisor, try to stay far ahead in their planning. The boys' state basketball trophies have long been purchased and take up a corner in Gillespie's office.

Both Gillespie and Dodson are now in the process of trying to restructure the soccer and basketball seasons. The boys' soccer and the girls' basketball seasons are split because of facility problems.

"The girls will play basketball in either the winter or the fall so there can be a legitimate state champ. The same with soccer. Now, some schools play in the fall, some in the spring. That's going to change too," said Gillespie.

Gillespie's other long-range plan is to have a full-time trainer at each school. More insurance coverage and an expanded officials training program are also in sight.

Gillespie also said he would like to see more Virginia schools play cross-jurisdiction games with Maryland and D.C. schools.

"Northern Virginia is probably the best organized group in the state. But overall, I know we've been as progressive as any state in the nation," said Gillespie.

# Goalkeeper Martin Lost To Diplomats

DIPLOMATS, From D1

After the opening weekend of games in January, Bradley spoke bluntly of his feelings about the indoor game. "You're so much more susceptible to injuries indoors," he said. "I was very upset when I heard Gordon Banks (star Fort Lauderdale goalkeeper) was going to play. A player of his stature shouldn't be exposed to this sort of thing. He could get killed."

Martin's collision with Garcia was frightening. The Tornado had controlled the game from the start, leading, 8-2, after two periods. Bradley had inserted Joe Gantenhammer, a 21-year-old American being given a tryout by the Dips, in the second period and he had been bombed. Back came Martin.

"If the young lad had come through, I wouldn't have put Eric back in," Bradley said. "But he didn't have his confidence and he let in some bad goals. I had to put Eric back in."

Martin had tangled briefly with Garcia in the first period, shaking a fist at him after the swift forward tried to kick the ball from his arms as he lay on the ground.

This time, with slightly more than three minutes gone in the period, the two chased after a loose ball. Both raised their right legs to try to kick the ball and missed, instead crashing into one another.

Both were removed on stretchers. Garcia reportedly went into shock and required the attention of several doctors. The initial diagnosis for him was a possible fracture of the leg.

Garcia had been a key man in the first two periods, scoring three goals and assisting on all three of Jerry Ryan's goals. The Dips, who played newly arrived South African imports Andries Maseko and Kenneth Mokojo, looked helpless from the start in finishing with a 4-3 indoor record.

But that mark was irrelevant to Bradley yesterday. "The players like to play this game and the fans like to watch it," he said. "I like to watch it, too, but this is what can happen. I'd rather not say anything about it."

Washington 2 0 2-12  
Scores: First period—Dallas: Jerry Ryan (Fredie Garcia); Dallas: Garcia (Glenn Averick); Washington: Own Goal, Dallas: Roy Turner (Ryan); Dallas: Ryan (Garcia); Washington: Gary Darrall (Eric Martin, Randy Garber).  
Second period—Dallas: Ryan (Garcia); Dallas: Garcia (Averick); Dallas: Steve Newman (Eric Martin); Dallas: Garcia (Cohen, Bellinger).  
Third period—Washington: Mike Bakic (Denny Demkowsky); Dallas: Newman (Averick); Dallas: Ryan (Earl Heiss); Dallas: Jay Collins (Ryan); Washington: Garber (Bakic); Dallas: Newman (Neil Cohen).  
Shots: Dallas—75, Washington—58. Shots on goal: Dallas—34, Washington—25.  
Saves: Dallas—Tom Reynolds, 13; Washington—Eric Martin, 10; Joe Gantenhammer, 13.  
Attendance: 4,381.

# In Some Areas, Heiss a Rival to Those Other Terps

DENLINGER, From D1

in the country at Immaculata College in Philadelphia, were the final cuts on the '76 Olympic team.

"I'd like to give it another try in 1980," Heiss said. "I know I want to get playing out of my system before I get into coaching. There're some real good leagues in California, and some good teams in Europe."

"I remember telling her (Maryland coach Chris Weller) that I felt ripped off by not making the team for Montreal and she said you just have to keep working, that you never know when you'll get a chance."

Although the player she most admires is Paul Westphal—"and not just because he wears No.

44 like I do"—she does not see anyone but herself during those dusk fantasies on the free-throw line.

"But I do see myself playing only the best teams," she said. Earlier this season, she and Maryland in fact played another of the best—UCLA—before 10,000 fans who drifted into Cole Field House before the Maryland men's game and liked what they saw.

"I really wasn't conscious of the crowd," she said, "until once near the end when Ann Meyers was on the foul line. Somebody in the stands yelled: 'Your brother (Dave) stunk.' That broke me up."

If Heiss has broken any sex barriers, they are small ones. But she has shown that a Belmont Abbey player named Bobby Moran is an equal

opportunity defender, capable of being burned by talented men and talented women.

"He once guarded Lloyd Free," Heiss said, "and of course Free jammed him. And he once guarded M. L. Carr, who did the same thing. He can't jump any higher than me, hardly."

Sometimes Heiss sees herself playing in men's collegiate leagues, perhaps at the Belmont Abbey level, and sometimes Maryland students see her playing the point for the Terrapin men.

"Yeah, they'll say that," she said, "but of course I couldn't play defense. Everybody'd just post me down low and score all the time."

"But I do believe I could get the ball downcourt. I do dribble well enough. After that, I have no idea what would happen."

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